

Pediatric Dermatology Instructive Cases

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Disclosures

Dermatology Foundation has supported my career!

Consultant, Speaker or Investigator:
 Amryt
 Beiersdorf
 Derm Times
 Eli Lilly
 La Roche-Posay North America
 Med-IQ
 Nobelpharma
 Ortho Dermatologics
 Sanofi
 Sun Pharma
 Solici

Discussion is based on evidence-based recommendations and public presentations/publications.

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Acknowledgements

Al Reem Al-Nabti
 Zachary Jaeger
 David Schairer
 Erina Lie
 Victoria Barrio
 David Cotter
 Sheila Friedlander

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History

- 5 mo boy presents with a "bruise" that started 3 months ago that is misdiagnosed as congenital hemangioma and ultimately diagnosed as kaposiform hemangioendothelioma with response to sirolimus

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Feature	Infantile Hemangioma	Kaposiform Hemangioendothelioma
Incidence	Common	Rare
Sex ratio (female to male)	3-5:1	1:1
Location (listed in descending order of frequency)	Head or neck, trunk, extremities and viscera	Trunk and extremities, head or neck, visceral invasion
Appearance	Single lesion, 80%; multiple lesions, 20%; Variable size and shape Red, bosselated, firm	Single lesion Large (>5 cm in diameter) Purple, shiny, indurated
Course	Rapid growth Slow regression Complete involution	Rapid growth Variable shrinkage Never disappears
Coagulopathy	Negligible	Thrombocytopenia
MRI findings	Well-defined margins Lobulated Uniform enhancement Flow voids	Ill-defined margins Crosses tissue planes Diffuse enhancement Cutaneous thickening Stranding of subcutaneous fat

Ji Y, J Rare Dis 2020.

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Key Points


- Clinical and pathological correlation is integral and was the key in this case
- KHE and Congenital Hemangiomas can present similarly at birth
- D2-40 is a marker for angiogenesis and lymphatics and can respond to oral sirolimus
- Complications of KHEs include: KMP, MSK, Lymphedema and compression of vital structures
- Systemic KHE treatment: reports of Sirolimus, Corticosteroids and Vincristine (possibly alpelisib)

Pandey V, Br J Oral Maxillofac Surg 2019.

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History


- 2 mo healthy term male with strep-induced psoriasiform dermatitis



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Guttate Psoriasis Triggered by Strep Intertrigo

- Few cases?
- Usually associated with pharyngitis or less commonly perianal infection or cellulitis
- Treatment of underlying (concurrent) streptococcal infection may be curative
 - Garritsen et al., 2017: guttate psoriasis due to perianal Strep.



Rehder et al 1988, Bronckers et al 2015, Garritsen et al 2017.

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AAD-NPF Pediatric Psoriasis Guidelines Classifies Severity by BSA & Others...

Severity Classification by BSA

- <3%: Mild
- 3 to 10%: Moderate
- >10%: Severe

- BSA should not be the sole predictor of disease severity
- The disease location on the body and impact on physical, social, psychological, and ADLs should be considered

Menter A et al. J Am Acad Dermatol. 2020 Jun;82(6):1445-1486

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Psoriasis maybe triggered or exacerbated by infections; physiologic, emotional and environmental stressors; and cutaneous trauma (Koebner)

Examples

- Emotional stress
- Increased BMI
- Second-hand cigarette smoke
- Pharyngeal and perianal group A streptococcus
- Kawasaki disease
- Systemic corticosteroid withdrawal
- TNF-inhibitors (paradoxically)

Menter A et al. J Am Acad Dermatol. 2020 Jun;82(6):1445-1486

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JAMA Dermatology | Consensus Statement

Pediatric Psoriasis Comorbidity Screening Guidelines

Emily Osler, MD, Audrey S. Wang, MD, Megha M. Tollefson, MD, Kelly M. Cordoro, MD, Stephen R. Daniels, MD, PhD, Andrew Eichenfield, MD, Joel M. Goffand, MD, MSCE, Alice B. Gottlieb, MD, PhD, Alexa B. Kimball, MD, MPH, Mark Lebwohl, MD, Nehal N. Mehta, MD, MSCE, Amy S. Paller, MD, Jeffrey B. Schwimmer, MD, Dennis M. Stynes, MD, Abby S. Van Voorhees, MD, Wynnis L. Tom, MD, Lawrence F. Eichenfield, MD

Screening Recommendations

- Evaluation of BMI after age 2
- Screen fasting serum glucose every 3 years starting at age 10 or onset of puberty for obese children with risk factors for DM
- Screen fasting lipid panel between ages 9-11 and 17-21 and more if high risk for CVS
- Yearly BP starting at age 3
- ALT starting at age 9-11 if obese and risk factors for fatty liver
- Review of systems and PE for arthritis
- Screening for anxiety and depression at all ages
- Screening for substance abuse starting at age 11



PRINCIPAL INVESTIGATOR:
Wynnis L. Tom, MD
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Take Away Points

- Ddx of intertriginous erythema and papulosquamous dermatitis in infants
 - Seborrheic dermatitis, atopic dermatitis, inverse psoriasis, intertrigo +/- secondary infection, viral associated, pityriasis, scabies, erythrasma
 - Rare: Langerhans cell histiocytosis, acrodermatitis enteropathica
- Consider secondary infection if pustules, crusts, or vesicles are present
- Check for source of Strep infection in patient with guttate psoriasis (pharyngitis, perianal, intertrigo)

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Received: 27 July 2023 | Accepted: 4 November 2023
 DOI: 10.1111/pcd.13479

CASE REPORT

Pediatric Dermatology WILEY

Congenital syphilis presenting with granulomatous scalp nodules

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Abstract
 We describe a case of congenital syphilis in an adopted infant with a unique dermatologic presentation of scalp granulomas, along with lymphadenopathy, anemia, and elevated liver transaminases. To our knowledge, this cutaneous morphology has not been previously reported in the literature. This case highlights the varied clinical presentation of congenital syphilis and the diagnostic challenge it poses for clinicians, especially in the context of unknown prenatal history/unknown risk factors, or if syphilis is acquired during pregnancy after routine screening is performed. As the incidence of congenital syphilis has more than tripled in recent years, this diagnosis should be considered when a neonate or infant presents with unexplained skin nodules.

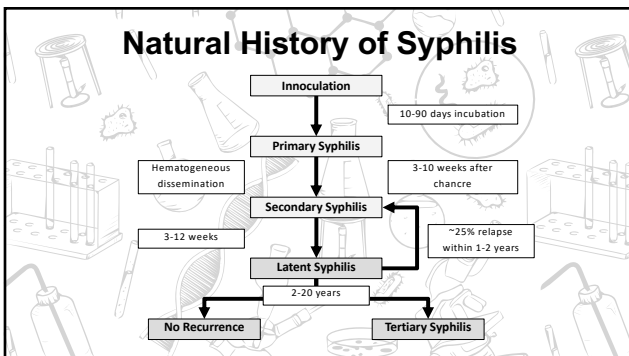
KEYWORDS
 congenital syphilis; granuloma; pregnancy complications; infectious; sexually transmitted diseases; treponemal infections

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History

- 16 year old boy with secondary syphilis (oral and genital lesions)

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How Infectious is Syphilis?

- Sexual transmission: exposure to open lesions with organisms present (efficiency ~30%, 10-60%); oral and genital
- Cutaneous lesions contain few treponemes
- Sexual contact with patients with early syphilis is associated with the highest risk of developing the disease
- Early latent syphilis: considered infectious due to concern for recently active lesions but associated with lower risk

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Response to Live Organisms

Medicine (Baltimore). 1966 Feb;35(1):33-42.

Inoculation syphilis in human volunteers.
 MAGNUSON HJ, THOMAS EW, OLANSKY S, KAPLAN BI, DE MELLO L, CUTLER JC.

TABLE VI
 Results of multiple graded intracutaneous inoculations of virulent *T. pallidum* into non-syphilitic humans and rabbits

Size of inoculum	# Sites Inoculated	# DP Positive	Humans		# Sites	# DP	Rabbits	
			Range	Mean			Range	Mean
10	8	3	20-42	28.7	12	4	22-27	24.2
10 ⁸	8	5	17-24	20.2	12	11	20-35	24.2
10 ⁶	8	8	10-31	19.1	12	11	15-24	19.8
10 ⁴	8	8	10-24	18.6	12	12	11-42	16.9
10 ²					12	12	0-15	11.0
10 ⁰					12	12	7-11	8.7

ID₅₀ = 57 organisms ID₅₀ = 23 organisms

- As few as 10 organisms could cause a lesion; chancres developed a mean of 28.7 days later

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